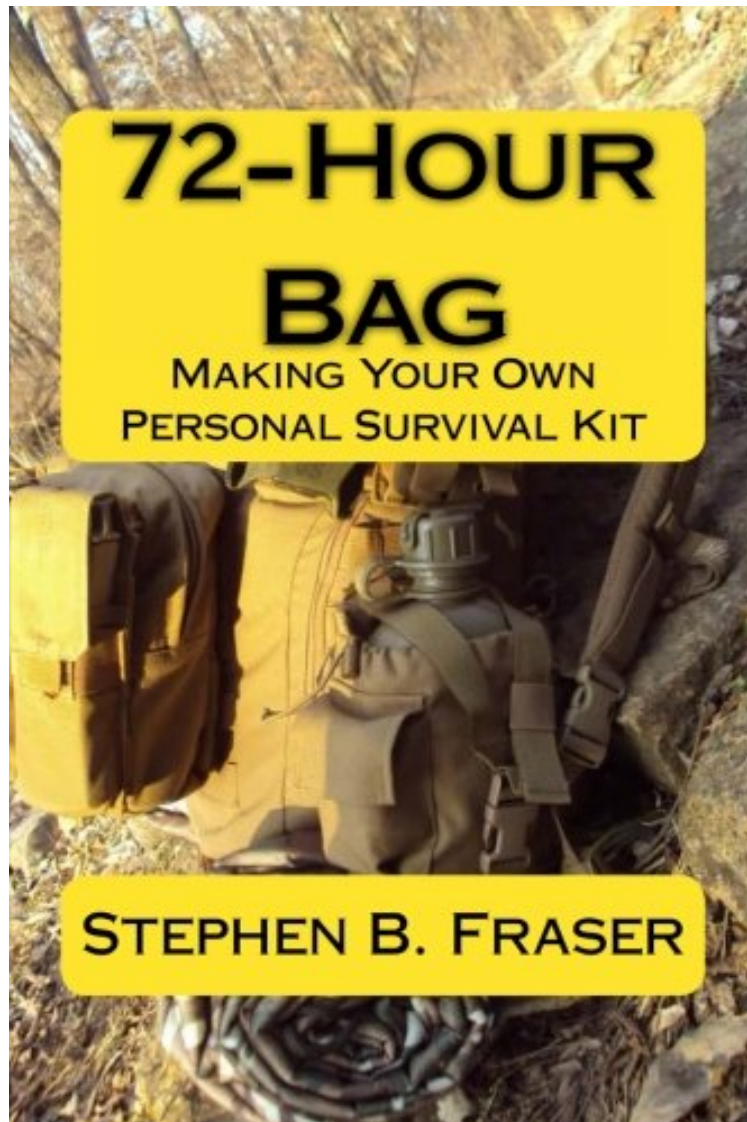


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(Free) 72-Hour Bag: Making Your Own Personal Survival Kit

72-Hour Bag: Making Your Own Personal Survival Kit

Stephen B. Fraser : 72-Hour Bag: Making Your Own Personal Survival Kit before purchasing it in order to gage whether or not it would be worth my time, and all praised 72-Hour Bag: Making Your Own Personal Survival Kit:

5 of 5 people found the following review helpful. More Than Just BOB ContentsBy J. RobideauThis book isn't just a list of items that you may or may not want to throw into your bag. Yes, there are lists and commentary about items that should be included, but almost every section contains something extra that is skills related from advice about situational awareness to shelter and fire building tips.This book does tend to recommend more gear than I would consider necessary overall, but he does not do so in a dogmatic way. There are several typos throughout that I hope the

author will quickly update and fix and there are some bits of advice that made me cringe in the self-defense/protection section. I know this is just a personal pet peeve, but the author does refer to magazines as "clips" in the book. :-)

Overall, I would recommend this book especially for free! There is some great advice in this book and I'm sure you will be able to learn something. If you enjoy this book, you will probably also enjoy *Ultralight Survival: Prepping a Small and Light Bug Out Bag With Essentials and Gear That Could Save Your Life*. 5 of 6 people found the following review helpful. At best a 2. By JDBushcraft. At best a 2. He is parroting information available all over the web and it is pretty obvious he has no personal experience in what he is attempting to teach. Examples: He says not to wear jeans because they are cotton, then recommends BDUs, which are mostly cotton. Comfortable walking (tennis) shoes ARE as good, if not better than a pair of heavy boots. Advises to boil urine before drinking. Urine is already sterile, but it contains water soluble wastes and toxins, and boiling increases the concentrations of both making it even worse. There are many lightweight and inexpensive filters that are very effective. His description of making a bow drill was terrible. You do not want a point on both ends of the spindle. The ember end should be blunt to increase surface area and friction. He also says that nylon is bad for a bow string. I'd guess that close to 90% of all bow strings made in the states are parachute cord, which is nylon. A ferrocerium rod is NOT flint and steel. Flint is a rock. A firesteel is a man made alloy. His knowledge of lighters seems to be quite outdated. He says not to use lighters because they have to be filled and leak. Ever heard of a company called Bic? A zip tie under the gas lever will stop accidental gas discharge and if using a Zippo, a piece of bike inner tube slid over the case will effectively seal it for months. There was something about Mountain House backpacking meals that he kept calling dehydrated, when they are freeze dried. Suggests using regular matches over lifeboat matches because they don't work when wet.. HUH? You can dip a lifeboat match in water, light it, stick it back in water while flaming up and it will continue to burn for 5 to 15 seconds. That is their purpose in life. He totally ignores the real purpose of a 72 hour kit. It is not to bug out to the woods. It is to get you through the first 3 days of a disaster. It could be sitting at home, giving you food, water, light and information because you have no electricity due to tornado, flood, earthquake.... It could be that you grab it and hoof it to the Holiday Inn up the road because there is a gas leak in your neighborhood or your house burned down. Maybe you grabbed it and went a town over to a friend's house where there is no storm damage. Maybe you just lost your job and need the extra couple of days of supplies to keep you going. Most situations do not end with you sitting in the woods and any that do you should seriously consider a different book to guide you. I've not even made it all the way through the book and I could write another one just about his mistakes and misconceptions. I won't even go into why a 72 hour kit and Bug Out Bag are not the same thing. FEMA 72 hour kit list: <http://www.ready.gov/document/family-supply-list> Typical BOB list: <http://theprepperproject.com/bug-out-bag-checklist/> 1 of 1 people found the following review helpful. Get good bug out bag advice here. By H. Temple. Excellent! This book could save your life if you know nothing about packing a bug out bag, you are saved by this book.

When an unexpected emergency or disaster hits, are you prepared if you have to leave your home? All too often when these events occur there is little warning and even less time to prepare or pack. This book will help you to create a self-contained disaster preparedness kit to help you survive when the stuff hits the fan and you need to get out of an area fast to a safer location. This book details the basics of putting together a comprehensive kit giving you everything you need to survive for 72 hours of independent survival. This book covers everything from the basics of water, food, shelter, tools, and personal protection. A disaster could strike at any time anywhere. Are you prepared to face the aftermath? Protect yourself and your loved ones by being prepared for anything. Build your 72-Hour Bag today.

About the Author Stephen B. Fraser (1971-) was born in Sacramento, California. While growing up in North Idaho and Western Montana he learned to appreciate the outdoors and the naturalist lifestyle. He is a confirmed realist, and student of human nature. He has written several short stories under a pen name. His first book was released in Feb 2012 under his own name. He completed his second book in October and revised and re-released his first book in November. Stephen currently resides in beautiful North Idaho with his dog Ollie where he enjoys camping, fishing, and continues to work in the Healthcare field. When he is not writing he is pursuing his other interests.